

Kind Individuals Delivering Support (KIDS)

Supporting parents with children 0-12

Service description

Being a parent is the hardest job in the world and that is where KIDS comes in!

Research shows that parenting, family structures and communities have changed over the decades and that there are potentially young and new families that may not have the community networks, family supports and parenting mentors as in generations past.

What is KIDS? - Kind Individuals Delivering Support

KIDS deliver outreach in the form of Practical, Emotional and Social support to those in a parenting and caregiving role. Supporting families with children 0 -12 in the areas of East Devonport, the Kentish Region including Latrobe; and the Ulverstone area.

KIDS also has a Facebook page @KIDSparentingsupport that shares lots of easily interpreted parenting information, activities and acts as an information portal for family events in the areas of service

This program provides support and education

- Support and education across different stages of your child's growth and development. Working with you to find ways to respond to the changing needs of your growing child.
- Education across a wide range of topics:-Tuning into Kids, Baby Brain Development, Nutrition/Self-care, Resilience, Mental Health, 5 Love Languages and Mindfulness.
- Assist you to identify services that can further support you.

Referrals can be made by:

Phone: 1800 243 232

Email: connectsupport@anglicare-tas.org.au

The KIDS program is funded by the Australian Government Department of Social Services. Visit dss.gov.au for more information.

Our service
is **voluntary,**
confidential
and **free.**

1800 243 232
anglicare-tas.org.au



AnglicareTAS
Choice, support and hope