

Curraghmore

Supported Independent Living Program. For people with mental ill-health.

Curraghmore is a Supported Independent Living program located in Devonport, Tasmania, managed by Anglicare. The program provides for people who live with mental ill-health and have received NDIS funding (mental health) for one or more of the following supports:

- Supported Independent Living (SIL)
- Individualised Living Option (ILO)
- Medium-term Accommodation (MTA)
- Short-term Accommodation including respite (STA)

If you have the required NDIS funding and are interested in finding out more about Curraghmore, complete an expression of interest.

What supports are available?

- **Mental Health Support Workers**
Everyone residing at Curraghmore has access to mental health support workers 24 hours per day, including an evening awake shift.
- **Daily Living Skills**
Our caring staff provide personalised assistance to enhance their daily living skills such as cooking, cleaning, budgeting, medication routines and lifestyle decisions.
- **Building Independence**
Staff will support residents to build their independence, emotion management, build and maintaining meaningful connections with others and the wider community.
- **Community Integration and Transport**
We believe in the power of community integration and encourage residents to explore and connect with the vibrant community around them. For participants with transport funding as part of their NDIS package, we provide access to a vehicle to support their transportation needs.

What activities are available?

Activities can be tailored to individual needs. Our facility offers a games room including a pool table, weekly BBQs and dinners, an outdoor area, bike riding, art and craft, fishing gear, walks, and access to local events, games and group activities.

Curraghmore is close to the beach, river walks, local parks, sporting facilities, shops, Medical Centres, Chemists, a cinema, aquatic centre and restaurants.

How long can you stay at Curraghmore?

Our commitment to meeting each individual's needs is reflected in our flexible accommodation arrangements. Residents can choose from the following options:

- Supported Independent Living (SIL) Longer term stay
- Individualised Living Option (ILO) Longer term stay
- Medium-term Accommodation (MTA) 1-90 days
- Short-term including respite (STA) 1-28 days



Interested?

Please contact:

Email: curraghmore@anglicare-tas.org.au

Phone: (03) 6451 5831

Freecall: 1800 243 232

Or alternatively complete our expression of interest form found on our [website](#).



1800 243 232 | anglicare-tas.org.au