

Home Care Worker

Question and Answer Fact Sheet



What does a Home Care Worker do?

A **Home Care Worker** supports older Tasmanians in their own home to live independently and safely. They work in partnership with our clients using a wellness approach.

A **wellness approach** builds on the strengths, abilities and goals of the individual client. It encourages and strengthens independence through participation in daily living tasks. There are many elements that contribute to wellness which include:

- Social
- Physical
- Emotional
- Intellectual
- Spiritual.

Support is provided between 7 am and 5 pm, Monday to Friday. Some occasional after hours and weekend work may be required depending on a client's support needs.

You will need to:

- work professionally, providing care and support to clients in their home
- work independently in a timely and efficient manner
- be confident in using a mobile phone provided by Anglicare to access apps and emails
- acknowledge and adhere to each client's individually developed care and support plan
- wear an Anglicare uniform and ID (provided by Anglicare)
- have an insured and reliable car.

1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope

You may also need to:

- assist clients with their medications
- assist clients with aspects of personal hygiene (showering, grooming, dressing) and general housekeeping
- provide transport for clients to attend social outings, activities, shopping and appointments
- assist clients with daily purchases such as medications and groceries
- encourage clients to be involved in their care as required
- monitor clients' general health and wellbeing and report any changes or concerns to the Anglicare office team
- liaise with the Anglicare office team regarding additional services, support and resources
- attend scheduled meetings or training.

Please read the **Support Worker** position description for a full list of primary tasks involved in this job.

Videos - Hear it from our team

If you would like to hear about what the job entails from one of our team members visit anglicare-tas.org.au/work-in-home-care

What education and licences do I need to have?

Home Care Workers are required to have:

- at minimum, Certificate III in Individual Support (Aged Care or Disability)
- a current Driver's licence
- a Working with Vulnerable People 'Child Related Activities' registration
- a satisfactory Schedule 1 National Police Check (there is an additional check if you have lived in another country since the age of 16)
- a pre-employment health assessment
- a First Aid qualification which will be organised by and paid for by Anglicare.

1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope

What training will I receive?

All new Home Care Workers are provided with:

- an on the job orientation day with a member of our Intake & Quality Team
- a formal HR induction day
- ongoing training support with Anglicare's Training Lead.

Anglicare holds training days each quarter for the Home Care team. This is a chance to get together, share experiences with each other and receive training on a range of topics. The training topics are specially chosen and designed by the Home Care support team.

You may need additional training which may include things such as:

- medication administration
- training with a Clinical Nurse or Occupational Therapist to recommend and teach you to use specific equipment and aids.



What other experience, abilities and personal qualities do I need to have?

Anglicare is looking for people who:

- have an understanding of and respect for the issues and barriers experienced by older Tasmanians
- are flexible and reliable
- have at least basic technology, numeracy, verbal and written communication skills
- are positive and non-judgemental when interacting with clients, families, supervisors and other internal and external care providers
- can remain calm and respond effectively in an emergency situation
- are able to prioritise work and follow procedures.

How can I apply for this position?

To apply for a Home Care Worker position you have the option to phone an Aged Care Team member, use an application form as a resume, or apply online. Visit anglicare-tas.org.au/work-in-home-care for all the information you need about the next steps.

1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope