

Curraghmore

Short Term Accommodation (Respite). Supporting Mental Wellness.

Curraghmore offers Short Term Accommodation (STA) including respite located in Devonport, Tasmania, managed by Anglicare Tasmania.

Short Term Accommodation, including respite, is support for when you need to live out of home for a short period. Funding can be used for respite to support you and your carers to have a short break from their caring role.

To stay with us you must have NDIS Funding for Short Term Accommodation and Assistance (respite) or Social and Community Participation (vacations).

What supports are available?

STA isn't just about accommodation it also involves the support you receive while staying with us.

To support your stay with us your STA funding includes all basic expenses in a 24hr period related to the service.

- Accommodation in your own private room with ensuite
- All meals provided to suit your individual dietary requirements
- Medication support
- Access to 24hr Support workers including supported wake shift
- Activities agreed on during your stay.

Activities can be tailored to individual needs. We provide a games room including a pool table, weekly BBQs and dinners, an outdoor area, bike riding, art and craft, walks, and access to local events, games and group activities. Curraghmore is close to the beach, river walks, local parks, sporting facilities, shops, Medical Centres, Chemists, Cinema, aquatic centre and restaurants.

What are the benefits of Short Term Accommodation?

By staying in STA, you're treated to a break from routine while your informal support network gets some time for themselves to recharge, knowing that their family member is being looked after.

Taking a break from your carer is beneficial to both of you, as it can help to maintain positive family and carer relationships.

A short stay away from home may help you:

- Make new friends and meet new people
- Try new activities

- Enjoy a change of scenery
- Step outside your comfort zone
- Increase independence
- Rest and Recharge

How long can you stay at Curraghmore?

All stays are tailored to your individual needs and plans. You can stay between 1-28 days and use your STA funding flexibly.

Planned regular stays away from home can also assist to increase your independence as you transition into Supported Independent Living (SIL) or starting an Individualised Living Option (ILO).

STA respite care can be a fantastic way of trialling for a short period to really test out the environment, the home, the staff, and the lifestyle, before making an informed decision.



Interested?

Please contact:

Email: curraghmore@anglicare-tas.org.au

Phone: (03) 6451 5831

Freecall: 1800 243 232

Complete a EOI Form found on our website [here](#) or use QR Code.



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