



Communities for Children Program Guide 2023

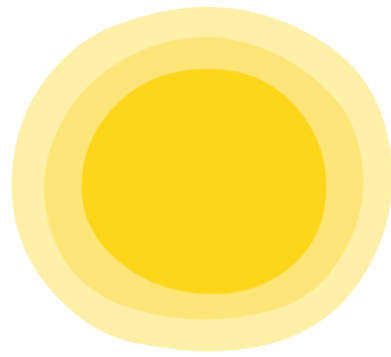


The Communities for Children initiative is funded by the Australian Government Department of Social Services. Visit dss.gov.au for more information.



For more information email
cfcevents@anglicare-tas.org.au





Beaconsfield Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Mothers in Mind

Who: Baptcare
Where: Beaconsfield Child and Family Learning Centre

Fun Station

Who & Where: Beaconsfield Neighbourhood House



Term 2

FRIENDS program

Who: Mission Australia
Where: Beaconsfield Primary School

Fun Station

Who & Where: Beaconsfield Neighbourhood House

DRUMBEAT

Who: CatholicCare
Where: Beaconsfield Child and Family Learning Centre



Term 3

FRIENDS program

Who: Mission Australia
Where: Beaconsfield Primary School

Fun Station

Who & Where: Beaconsfield Neighbourhood House

Bringing Up Great Kids

Who: Families Tasmania
Where: Beaconsfield Child and Family Learning Centre



Term 4

Fun Station

Who & Where: Beaconsfield Neighbourhood House



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Program Descriptions

Out N About

An outreach program to connect with families that have had limited or no connection to the Early Years programs. Time will be allocated weekly for the facilitator to engage and connect with relevant services, as well as carry out outreach tasks.

Playsteps Parenting Group

A parent and child play-based program helping parents to strengthen their relationship and interactions with their child while learning practical parenting skills and building local support networks.

Picnic and Play in the Park

Working as a collaborative event with Community Family Worker who works in the Newnham, Mayfield, Rocherlea, Dilston, Lilydale, Invermay and Mowbray areas. By providing opportunities for families to connect with Community Family Workers in casual setting and engage with other families. Providing family support and participation in various meetings - when required, one on one support - when needed.

RippleFX (EAGALA - Equestrian Assisted psychotherapy)

Aimed at children with mental health co-morbidity (such as anxiety or anger management disorders) or who are at risk of being school nonattenders. Sessions are facilitated by a two-person team that includes both a mental health worker (MH) and equine specialist (ES). Each week the client/s are given an activity to complete with the horses that has been specifically designed to build their skills, self-care and understanding of the world. As the weeks progress the activities become harder and the degree of required skills are increased but this is done in such an incremental way that clients rise to each challenge instead of rebelling against it.

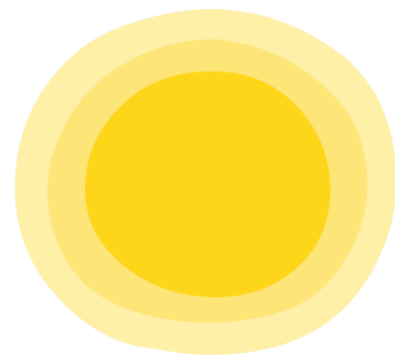
Smalltalk

A service enhancement that can be embedded within community-based supported playgroups. Designed for participating parents experiencing vulnerable circumstances with children aged 12-months to 4 years. Smalltalk aims to enhance the quality and quantity of parental communication and interaction with their children, provide a stimulating environment, enhance parental self-care, strengthen parent confidence and build parental connectedness to their community.

Triple P Positive Parenting Program

An education program designed for a wide variety of parents and carers of children with different needs and diverse socio-economic, cultural and ethnic backgrounds.





Lilydale Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Bringing Up Great Kids

Who: Families Tasmania
Where: Lilydale District School

Picnic and Play in the Park

Who: Northern Suburbs Community Centre
Where: Lilydale District School



Term 2



Term 3

Term 4



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Ravenswood Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Milo Club

Who: CatholicCare
Where: Ravenswood Neighborhood House



Term 2

Milo Club

Who: CatholicCare
Where: Ravenswood Neighborhood House



Term 3

Mothers in Mind

Who: Baptcare
Where: Ravenswood Child and Family Learning Centre

Milo Club

Who: CatholicCare
Where: Ravenswood Neighborhood House



Term 4

Milo Club

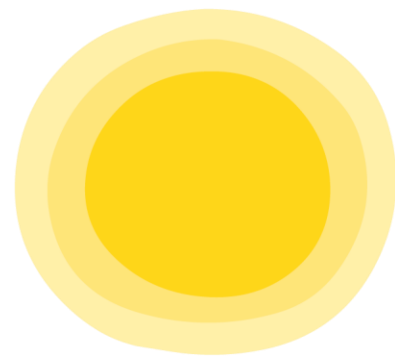
Who: CatholicCare
Where: Ravenswood Neighborhood House



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Mayfield Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Multicultural Playgroup

Who: Migrant Resource Centre Nth Tas
Where: muylatina Child and Family Learning Centre

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: muylatina Child and Family Learning Centre

Milo Club

Who: CatholicCare
Where: East Tamar Primary School

DRUMBEAT

Who: CatholicCare
Where: East Tamar Primary School



Term 2

Multicultural Playgroup

Who: Migrant Resource Centre Nth Tas
Where: muylatina Child and Family Learning Centre

Mothers in Mind

Who: Baptcare
Where: muylatina Child and Family Learning Centre

Picnic and Play in the Park

Who: Northern Suburbs Community Centre
Where: Torrens Street Park Mayfield

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: muylatina Child and Family Learning Centre

Milo Club

Who: CatholicCare
Where: East Tamar Primary School

DRUMBEAT

Who: CatholicCare
Where: East Tamar Primary School



Term 3

Multicultural Playgroup

Who: Migrant Resource Centre Nth Tas
Where: muylatina Child and Family Learning Centre

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: muylatina Child and Family Learning Centre

Milo Club

Who: CatholicCare
Where: East Tamar Primary School

DRUMBEAT

Who: CatholicCare
Where: East Tamar Primary School

Term 4

Multicultural Playgroup

Who: Migrant Resource Centre Nth Tas
Where: muylatina Child and Family Learning Centre

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: muylatina Child and Family Learning Centre

Milo Club

Who: CatholicCare
Where: East Tamar Primary School

DRUMBEAT

Who: CatholicCare
Where: East Tamar Primary School



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Newnham Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Baby Bugs

Who & Where: Northern Suburbs Community Centre

Playsteps Parenting Group

Who & Where: Northern Suburbs Community Centre

Family Playtime

Who & Where: Northern Suburbs Community Centre

Children's University

Who & Where: Northern Suburbs Community Centre

Family, Food & Fun

Who: Families Tasmania
Where: Northern Suburbs Community Centre
School Holiday event Monday 17th April



Term 2

Baby Bugs

Who & Where: Northern Suburbs Community Centre

Family Playtime

Who & Where: Northern Suburbs Community Centre

Friends Resilience Program

Who & Where: Northern Suburbs Community Centre

DRUMBEAT

Who & Where: Northern Suburbs Community Centre

Children's University

Who & Where: Northern Suburbs Community Centre



Term 3

Baby Bugs

Who & Where: Northern Suburbs Community Centre

Playsteps Parenting Group

Who & Where: Northern Suburbs Community Centre

Family Playtime

Who & Where: Northern Suburbs Community Centre

Children's University

Who & Where: Northern Suburbs Community Centre



Term 4

Baby Bugs

Who & Where: Northern Suburbs Community Centre

Family Playtime

Who & Where: Northern Suburbs Community Centre

Friends Resilience Program

Who & Where: Northern Suburbs Community Centre

DRUMBEAT

Who & Where: Northern Suburbs Community Centre

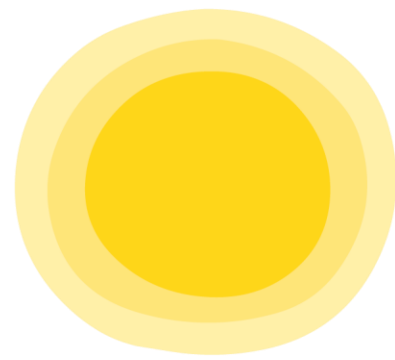
Children's University

Who & Where: Northern Suburbs Community Centre



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Pipers River Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

RippleFX
Equine Program
Where: Upon referral



Term 2

RippleFX
Equine Program
Where: Upon referral



Term 3

RippleFX
Equine Program
Where: Upon referral



Term 4

RippleFX
Equine Program
Where: Upon referral



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Waverley Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
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Term 1

Friends program
Who: Mission Australia
Where: Waverley Primary School

Little Steps Playgroup
Who & Where: Waverley Primary School

Itsy Bitsy Babies
Who & Where: Waverley Primary School

Out N About
Who & Where: Waverley Primary School

Community Connections
Who & Where: Waverley Primary School

Term 3

Little Steps Playgroup
Who & Where: Waverley Primary School

Itsy Bitsy Babies
Who & Where: Waverley Primary School

Out N About
Who & Where: Waverley Primary School

Community Connections
Who & Where: Waverley Primary School



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Term 2

DRUMBEAT
Who: Mission Australia
Where: Waverley Primary School

Friends program
Who: Mission Australia
Where: Waverley Primary School

Little Steps Playgroup
Who & Where: Waverley Primary School

Itsy Bitsy Babies
Who & Where: Waverley Primary School

Out N About
Who & Where: Waverley Primary School

Community Connections
Who & Where: Waverley Primary School

Tuning into Kids
Who: Families Tasmania
Where: Waverley Primary School

Term 4

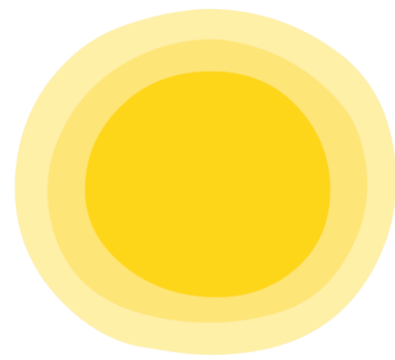
Little Steps Playgroup
Who & Where: Waverley Primary School

Itsy Bitsy Babies
Who & Where: Waverley Primary School

Out N About
Who & Where: Waverley Primary School

Community Connections
Who & Where: Waverley Primary School





Rocherlea Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: King Billy Park Rocherlea



Term 2

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: King Billy Park Rocherlea



Term 3

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: King Billy Park Rocherlea

Term 4

Community Family Outreach

Who: Northern Suburbs Community Centre
Where: King Billy Park Rocherlea



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Mowbray Program Guide

Term 1: 8 February – 5 April | Term 2: 26 April – 7 July
Term 3: 25 July – 29 September | Term 4: 16 October – 21 December



Term 1

Term 2



Term 3

Picnic and Play in the Park

Who: Northern Suburbs Community Centre
Where: Migrant Resource Centre Nrth Tas Haigh Street Mowbray

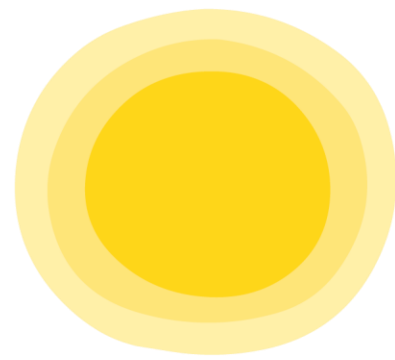
Term 4



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Dilston Program Guide

Term 1: 8 February – 5 April | **Term 2:** 26 April – 7 July
Term 3: 25 July – 29 September | **Term 4:** 16 October – 21 December



Term 1

Term 2



Term 3

Term 4

Picnic and Play in the Park

Who: Northern Suburbs Community Centre

Where: Dilston Memorial Hall



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Program Descriptions

Baby Bugs

Playgroup for parents/carers and their kids aged 0-5 at the local community center and various other locations within your community. Activities include art, physical play, music, and building early friendships between parents/carers and their children, while also Engaging with launching into Learning, a stepping stone into early learning.

Bringing Up Great Kids

The program uses mindfulness and reflection to assist parents in examining and improving their communication and exchanges with their children so that they may foster more respectful and positive interactions, which support children's development and positive identity. Works to address the sources of parents' negative or unhelpful attitudes.

Children's University

Children's University is for children and young people between the ages of 7-14. Each member of Children's University is issued with a *Passport to Learning* where they keep a record of their learning. At the end of each year children are awarded with a certificate at a formal graduation to recognise and celebrate their achievement.

DRUMBEAT (Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts)

A music program focusing on exploring healthy, supportive relationships, emphasising teamwork and cooperation.

Friends Program

Structured, group-based programs that teach children resilience, self-esteem and emotional skills such as coping with stress and worry, developing social skills, recognising and regulating emotions in self and others, positive thinking, problem solving and relaxation.



Program Descriptions

Fun Station

A structured after school program for children living in Beaconsfield and surrounding area. The program incorporates active play, healthy eating & cooking, and creative activities. The activities are facilitated weekly in school terms by Beaconsfield House staff or outsourced to local organisations as an incursion.

Itsy Bitsy Babies

A specialised 1hr weekly parent/baby group to provide ante and post-natal support to assist new parents to care for themselves and their children in a safe, friendly and supportive environment.

Little Steps Playgroup

This program is a face-to-face program that recognises the critical nature of the early years, create opportunities for to engage with age-appropriate activities.

Milo Club

Milo Club is a free after school club, where everyone is welcome, whether they have been to school or not, everyone gets something to eat and drink.

Mothers in Mind

A trauma-informed, relationship-focused, mother-child program, designed specifically for mothers who have experienced trauma and abuse and are parenting children under the age of four. Focuses on the needs of mothers who have experienced family violence, childhood abuse, neglect or sexual assault, and who find that these hurtful experiences are making parenting difficult.

Multicultural Playgroup

A weekly facilitated playgroup and family dedicated activities to Culturally and Linguistically Diverse (CALD) families, predominantly disadvantaged families. The weekly playgroup ensures a regular activity where parents and their children can interact with others, learn about community programs and opportunities, explore what Tasmania has to offer, and meet other service providers – therefore building individual and family capacity towards independence.



Invermay Program Guide

Term 1: 8 February – 5 April

Term 2: 26 April – 7 July

Term 3: 25 July – 29 September

Term 4: 16 October – 21 December



Term 1

Smalltalk Program

Who: Playgroup Tasmania

Where: 35 Holbrook St, Invermay

Triple P Positive Parenting Program

Who: Mission Australia

Where: 41 Tamar Street, Launceston



Term 2

Smalltalk Program

Who: Playgroup Tasmania

Where: 35 Holbrook St, Invermay

Triple P Positive Parenting Program

Who: Mission Australia

Where: 41 Tamar Street, Launceston



Term 3

Triple P Positive Parenting Program

Who: Mission Australia

Where: 41 Tamar Street, Launceston



Term 4

Triple P Positive Parenting Program

Who: Mission Australia

Where: 41 Tamar Street, Launceston



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