

Anglicare **Drug and Alcohol Treatment Service+**

including young people aged 12+ or who are experiencing homelessness and/or co-morbid mental health issues.

Our service
is **voluntary,**
confidential
and **free.**

Frequently
asked questions
for **health care
professionals.**

1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope

Who is this service for?

ADATS+ is for anyone with ongoing issues with drug and/or alcohol use where there is coinciding mental illness and/or risk of homelessness in young people aged 12+

What is the minimum level of qualification Anglicare employees require to do this work?

Anglicare requires ADATS+ practitioners to hold a tertiary qualification in Allied Health (e.g. Social Work, Psychology). Clinicians are required to undergo specialist training in the use of evidence-based screening, assessment and planning tools (e.g. AUDIT, DUDIT, K10), and in the use of therapeutic modalities including Harm Reduction, Cognitive Behaviour Therapy and Motivational Interviewing.

Is Anglicare's model of care based on evidence?

The ADATS+ model of care provides a range of evidence based treatment approaches including: Screening & Brief Intervention, Counselling, Case Management and Aftercare. The model delivers an intensive personalised treatment focus for clients and recognises that each client's life has unique biological, psychological and socio-demographic features; and therefore each treatment approach - or combination of approaches - will be unique to the individual client (see below for more detail).

Screening and brief intervention

Screening and brief intervention commonly consists of provision of information and advice that aims to motivate clients to change the behaviour.

Counselling

Our counselling sessions support clients to develop self-understanding and make positive changes in their drug/alcohol use behaviours. The sessions occur in six week blocks and are generally delivered to the individual.

Case management

Case management provides a strong foundation for care that is person-centred, culturally appropriate and improves the client's quality-of-life. Through case management, we work to engage clients in services, assess individual needs and arrange necessary support services, including longer-term counselling as appropriate.

Aftercare

Aftercare is highly assertive post-treatment or follow-up support that involves supporting clients once they have completed a recovery or rehabilitation program. Aftercare can minimise the likelihood of relapse and ensure a coordinated approach to the provision of psychosocial support services such as vocational, financial and community-based support.

Flexible assistance funds

ADATS+ also has flexible assistance funds that can help the client meet basic and essential needs, such as the provision of transport, medical services and essential personal items.

Do Anglicare clinicians receive ongoing clinical oversight?

Anglicare has strong risk management and clinical governance processes. This includes ongoing clinical supervision, case consultation and review to ensure clinicians are delivering the highest quality of care to patients. In addition, ADATS+ clinicians have direct access to external clinical consultation for any particularly high risk and complex cases.

Will I receive feedback on my client's progress?

Our clinicians will provide a summary report of any initial assessments and planned interventions. Upon discharge, clinicians will also provide a report outlining outcomes, future management plans, recommendations/requests for GP follow up (if applicable). Our reporting template follows the ISBAR method.

How can I make a referral?

Referrals can be made securely by **Fax: (03) 6333 3010**

Referral templates can be downloaded directly into Medical Director or Best Practice by following the instructions on the Primary Health Tasmania website (simply type 'ADATS' in the search box).

Alternatively, phone or email

Anglicare Customer Engagement Specialists

1800 243 232 or **connectsupport@anglicare-tas.org.au**

Clients can also self-refer to this service if they would prefer.

Can I contact Anglicare for further information before referring?

For further information contact our Customer Engagement Specialists directly on: **1800 243 232** to discuss your client's needs in more detail and find a service that is right for them.

How is the service funded?

ADATS+ is funded by the Commonwealth Government through Primary Health Tasmania.

Do Anglicare offer other services?

Anglicare offer a range of services including:

NDIS, Mental Health and Attempted Suicide Aftercare, AOD, Housing support, Financial Counselling, support for Families, Disability, Aged Care and Home Care, and many others.

Is ADATS+ available state-wide?

ADATS+ is a state-wide service. Anglicare have offices in Hobart, Sorrell, Glenorchy, St Helens, Launceston, Devonport, Burnie and Zeehan Anglicare provides outreach services to other areas and staff also regularly visit the Bass Straight Islands and Central Highlands.



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